



Stephen Wells, MA, CCAC, CBI, PPCC, CCRC (Candidate)
Principal, Sober Elite

Stephen Wells has dedicated his life to helping people. His specialty is helping people dealing with substance abuse issues, often complicated by relational trauma. This is why Stephen founded Sober Elite, an Addictions Intervention and Recovery Coaching company serving downtown Toronto and the GTA. Using a wide-angle lens and a trauma informed approach, Stephen helps individuals/families to compassionately confront addiction and mental health issues.

Previously Stephen had the honour of supporting St. Michael's Homes (SMH), through the monumental two-year transformation into a Residential Addiction and Transitional Living Continuum. In addition to his leadership role(s) with SMH, Stephen has worked as an Addiction Counsellor and Psycho-Educator in private sector treatment facilities including Clearhaven Center and the renowned Chatsworth Pavilion in Quebec. Stephen also had an accomplished career in the Airline Industry, assuming progressive leadership roles with Air Canada's Corporate Training & Development team.

Stephen earned his BA in Psychology and a Graduate Degree in Educational Technology. He also earned an MA in Human Systems Intervention at Concordia University. Stephen currently holds professional certifications in Addiction Counselling (CCAC), Addiction Intervention (CBI) and Personal & Professional Coaching (PPCC). Stephen recently completed his training to certify for the new CCRC designation with CACCF. He is a member in good standing with both CACCF and OAMHP.

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