



Betti Delorey

I currently hold the designation of a Certified Canadian Addictions Counsellor (CCAC) with the CACCF. I have attached a copy of my credentials. I do not hold any other credentials.

I have quite a bit of experience with curriculums, as I have been trained in multiple programs that require me to follow and avoid deviating from the curriculum. I am trained as a key supervisor in The Matrix Model - Intensive Outpatient Treatment Program. I have delivered this program multiple times while maintaining fidelity to the program to the best of my ability. However, I have had to adapt programs as best I could to provide the best service to participants. For example, The Matrix program was created in Los Angeles and recommendations were based on options available to this demographic. I live in a small northern community, in which the options suggested in the program are simply not available. Therefore, adaptations and recommendations had to be made based on the realities of this demographic. I was also trained as a Mental Health First Aid for Northern Peoples trainer. This program was followed completely, as it was not recommended to be altered. I also used other curriculums such as, The Changeways Core Program, The Voices Program, Emotion Coaching, Critical Incident Debriefing. I have also created curriculums for colleagues to use on topics such as addiction, parenting, self-harm, anxiety, depression, suicide, and family violence. I am comfortable using them and at times prefer them, as it ensures I provide essential information.