

# Clinical Supervision with David J. Powell: Balancing Accountability and Support

Monday, May 17 – Tuesday, May 18, 2010, 9:00am to 4:30pm in Toronto

David Powell is an internationally recognized trainer, a widely published author, and a recognized expert on clinical supervision in the area of alcohol and drug abuse. This workshop will be of special interest to supervisors in the addictions, rehab, and behavioural health fields.

Dr. Powell will be discussing the four key tasks of a supervisor: evaluation of personnel, staff development, teaching clinical skills, and management issues. Areas in which staff typically need training include concurrent disorders, surviving in a recession, and current legal and ethical standards. This workshop draws the fine line between supervision and therapy, supervisor and “friend”. Being an effective supervisor involves clinical and relational issues. Being a supervisor is a difficult task, requiring management and clinical skills. You are “the piggy-in-the-middle”, representing the needs of clients, counsellors, and management.

This workshop is highly interactive, involving case studies and group discussion, and inviting participants to share their experiences. Principles are turned into practical skills for participants.

In this workshop you will learn—

- About clinical supervision and how it differs from case management
- The key legal and ethical issues you should know
- How to set up a strong supervision system
- How to address the different stages of staff development
- About problems in managing staff, such as the person resistant to supervision or the impaired professional

**Venue: Koffler House/Multi-faith Centre, 569 Spadina Avenue, Toronto**

This presentation is proudly sponsored by:



### Special CACCF Discounts on LES Addictions Workshops!

(sign up before April 7 and save even more)

Before April 7: \$279/workshop (reg. rate \$319)  
After April 7: \$299/workshop (reg. rate \$339)

Note: CACCF discounts can **only** be applied in fax/mail/phone registrations.

This discount applies to 2-day workshops led by Dr. Powell, Gabor Maté and Marilyn Herie.

David J. Powell, PhD, LADC, CCS, LMFT, is President of the Clinical Supervision Institute, a division of the International Center for Health Concerns, Inc. He is most noted for his work in clinical supervision and management, having trained thousands of counsellors, managers, supervisors, and directors since 1976. He is the author of five books, including his latest, *Clinical Supervision in Alcohol and Drug Abuse Counseling*, which is a major text on the subject in the substance abuse field. A clinician of 36 years, Dr. Powell is a licensed alcohol and drug abuse counsellor, licensed marriage and family therapist and certified clinical supervisor.



- Sign me up for:**
- Clinical Supervision
  - Taming the Hungry Ghosts: Toronto/Ottawa/Montreal/Timmins  
*Please circle your chosen venue!*
  - Enhancing Motivation for Change

Name(s): \_\_\_\_\_  
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**3 ways to register!**  
**Phone** 416-964-1133  
**Fax** 416-964-7172  
**Mail** 88 Major St,  
 Toronto ON M5S 2L1

I will be paying the course fee of \$ \_\_\_\_\_ (GST included) by:

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## Taming the Hungry Ghosts: Combining Science with Compassion in Working with Addictions

May 6 – May 7, 2010, 9:00am to 4:30pm in Toronto and via videocast in London, Ottawa, Montreal, Yellowknife & Timmins

In this workshop, Dr. Gabor Maté (author of *"In the Realm of the Hungry Ghosts: Close Encounters with Addictions"*) will draw on cutting-edge science to illuminate where and how addictions originate and what they have in common. Addictions do not represent a discrete set of medical disorders; rather, they merely reflect the extreme end of a continuum of addiction, mostly hidden, that runs throughout our society.

Contrary to what is often claimed, the source of addictions is not to be found in genes, but in the early childhood environment where the neurobiology of the brain's reward pathways develops and the where the emotional patterns that lead to addiction are wired into the unconscious. Stress, both then and later in life, creates the predisposition for addictions, whether to drugs, alcohol, nicotine, or to behavioural addictions such as shopping or sex. More than a disease, the addiction is a response to a distressing life history and life situation.

Once we recognize the roots of addiction and the lack it strives (in vain) to fill, we can develop a compassionate approach toward the addict, one that stands the best chance of restoring him or her to wholeness and health.

You will Learn:

- ❑ What happens chemically and physiologically in the brains of people with substance dependency or behaviour addiction
- ❑ The false "blessings" of addiction as experienced by the addict (e.g., as emotional anaesthetic, as personality booster, as social lubricant, and so on;)
- ❑ The development of the addicted mind: how early childhood experiences shape the brain;
- ❑ The social basis of addiction in economic, cultural and political dislocation and disempowerment;
- ❑ How much choice does the addict really have, and how much responsibility?
- ❑ Developing a therapeutic relationship in which healing is possible
- ❑ How to encourage the addict to take responsibility;
- ❑ How to prevent addiction, both in adolescence and before

This videocast takes place live in Toronto and will be simultaneously broadcast to Ottawa, London, Montreal and Yellowknife. Big screen, big sound—it will be almost like being there without the traffic! Videocast participants will be invited to submit questions and comments for real-time feedback from Dr. Maté.

Attendance of LIVE presentation in Toronto: CACCF rate: \$279/registration (before Apr. 7), \$299/registration (after Apr. 7)... please use registration form on page 1.

Attendance of videocast in Ottawa, Montreal or Timmins: CACCF rate: \$250.00... please use registration form on page 1 and indicate which city you are interested in.

Attendance of videocast in London: Register at [www.sosworkshops.ca](http://www.sosworkshops.ca)

Attendance of videocast in Yellowknife: email [byrner@theedge.ca](mailto:byrner@theedge.ca) for more information

### Master Class with Dr. Maté in Toronto on May 8

Limited to an audience of 40, Dr. Maté offers more advanced training and an opportunity for case consultation. See [www.leadingedgeseminars.org](http://www.leadingedgeseminars.org) for more details

Gabor Maté, MD, is a physician, author, seminar leader, and public speaker. He is a former medical columnist for The Vancouver Sun and The Globe and Mail. His most recently published book, *In the Realm of Hungry Ghosts: Close Encounters With Addiction*, was a #1 national bestseller. He has also written three other best-sellers: *Scattered Minds*, *When the Body Says No*, and *Hold On To Your Kids*.

Dr. Maté ran a private family practice in East Vancouver for over twenty years. Many of his patients suffered from mental illness, drug addiction, and HIV, or all three.

He is a much sought-after speaker who has addressed many groups of physicians and health care providers, educators, psychologists, therapists, and parents. For more information, see [www.drgabormate.com](http://www.drgabormate.com).



## Dancing or Wrestling? Enhancing Motivation for Change

May 3 – May 4, 2010, 9:00am to 4:30pm in Toronto

Have you ever felt as if you're working harder than your client? That your every suggestion for change is met with opposition?

Based on the work of Dr. William Miller, Motivational Interviewing (MI) is a widely used, evidence-based approach to facilitating change across a diverse range of behaviours and in a variety of contexts. For example, it has been used successfully in health behaviour change, diabetes and obesity, substance use treatment, criminal justice settings, homelessness, HIV/AIDS prevention, organizational change, and mental health. This workshop examines motivation as an interactive process between client and therapist, and provides a variety of practice tools to address key issues in behaviour change.

MI techniques have been described as "simple but not easy". This session is designed to help you incorporate these techniques into your unique counselling style. We will focus on effective strategies for building motivation and dealing with resistance, as well as for working with clients to develop a personalized "change plan".

This practical and dynamic workshop is designed to be engaging, interactive, and responsive to participants' learning needs, and includes live demonstrations, case examples, video-vignettes, and group discussion. You will leave the workshop with a better understanding of how to make MI tools and techniques work for you and your clients!

You will learn —

- How to assess and influence your client's motivation
- Tools and techniques for working with individuals at different stages in the change process
- Essential strategies to facilitate behaviour change
- What are the common traps to avoid
- How to deal with resistant clients
- How to integrate MI techniques into your current practice approach
- Strategic empathic reflection to guide the client towards change
- How to use a structured "change plan" with clients
- How to set professional objectives in applying MI tools and techniques

Presented in association with the TEACH Project, Centre for Addiction and Mental Health.



Marilyn Herie, PhD, RSW, has worked in a variety of clinical and leadership roles at Ontario's Centre for Addiction and Mental Health (CAMH) since 1992, and is Director of the TEACH Project (Training Enhancement in Applied Cessation Counselling and Health, [www.teachproject.ca](http://www.teachproject.ca)) and an advanced practice clinician in the CAMH Concurrent Disorders Service. She is also an adjunct professor at the Factor-Inwentash Faculty of Social Work, and Social Work Coordinator of the Collaborative Program in Addiction Studies, both at the University of Toronto.

**To get CACCF rates on these 3 workshops, register by phone, fax or mail only!**

**Phone:** 416-964-1133

**Mail:** Leading Edge Seminars  
88 Major Street  
Toronto ON M5S 2L1

**Fax:** 416-964-7172

Fill out registration form on Page 1 and  
fax/mail it in

For full Spring 2010 series, visit [www.leadingedgeseminars.org](http://www.leadingedgeseminars.org)